

The Mudpack Challenge

2024 – Final Instructions

Hi! Thank you for signing up to The Mudpack Challenge for The Hospice of St Francis!

We've detailed below the most important information that you need to know ahead of your Mud Pack Challenge this Sunday - please read everything carefully.



Arrival:

Please arrive 20 minutes before your wave time to ensure you have enough time to get ready before being called to the start line for a warm up.

If you are supervising an under 18 don't forget collect your pack, which includes your Mud Pack t-shirt and your participant number from the Query Desk - you will not be able to cross the start line without these.

Please note you are already fully registered you DO NOT need to register with us on the day.

Mudpack Venue:

- Please note that the event venue is Ashridge House, NOT the Monument! Use this **postcode for Sat Navs: HP4 1NS**
- Spectators are welcome to cheer you on outside the front of Ashridge House, in the event village. The back of the house is not open to the public to spectate.

Transport:

- If you have paid for Premium Parking you will be parking in Lime Walk. Please have your permit visible for our Car Parking Marshals when you arrive and they will point you in the right direction. **On site premium parking is now FULLY BOOKED. You will need to be dropped off and picked up from the event.**
- If you have chosen our drop off and pick up option please ask your lift to follow directions to the drop off area when you arrive at Ashridge House. This will be busy so allow plenty of time. **Please be aware that Brownlow Road in Berkhamsted is closed on Sunday 13th October so you will need to plan around this.**
- [If you are using our bus service, please click here to see the timetable and bus stop location.](#)
- Please allow additional time to park and walk to the Event Village.

Under 18's

If you are supervising a participant who is under 18 years of age, please remember you need to sign the waiver form. On arrival please make your way to The Hospice of St Francis Query

Desk where you will find the query desk. They will issue you your race pack (containing your t-shirt and participant wristband) and a waiver form if you haven't got yours.

What you need

- An old pair of trainers.
- Your orange Mud Pack T-shirt, and some sports clothes that you don't mind getting muddy.
- There will be a t-shirt swap available (at the query desk that can be found in the The Hospice of St Francis Query Desk) should you wish to change your t-shirt size. This will be on a first come, first served basis.
- You must wear your participation wristband. If you forget this on the day, please go to the query desk to be reallocated a number as you cannot run without one.

Facilities

- There is a bag drop available, which can cater for small bags/key drop only.
- We will attach a luggage label to the bag which will correspond to your running number on the day.
- Portable Toilets are available in the Event Village but no showers; we advise you to bring dry clothes to travel home in.
- Please do not bring any valuables with you. The Hospice of St Francis cannot take responsibility for loss or damage to your possessions, especially mobile phones. You will be getting wet!
- Hot drinks and food will be available to purchase in the Mud Pack Village.
- There will be a water station on the course as well as water at the end. Please plan accordingly.

Waves

- Please arrive 20 minutes before your start time.
- Your warm up will take place at the start line.
- You cannot change to the 14km route if you have not already signed up.
- Friends and family can sign up on the day (on the day registration increases to £45). Bookings close this Friday at 12pm.
- If you are supervising a participant who is under 18 years old, please do NOT head straight to start line as you will not be able to cross the start line without your t-shirt and runner number. Please visit the The Hospice of St Francis Query Desk first.

Keep fundraising!

- Your JustGiving page will still work after the event, so remember to keep sharing the link – especially this weekend!
- If you haven't set up your online Just Giving page, do so NOW, [by clicking here](#)

- If you prefer pen and paper, you can [download a sponsorship form](#)
- If you have any sponsorship money that you would like to drop off, please take it to the Query Desk, situated in The Hospice of St Francis Gazebo.

If you have any further questions, please email us at mudpack@stfrancis.org.uk or call 01442 869555 (until 5pm on Friday evening – after that we will be at Ashridge churning up the mud!)

We can't wait to see you on Sunday!