

WALK YOUR RIDGEWAY 2024 - TERMS AND CONDITIONS

By ticking the box online or signing the registration form, you agree to the following Terms and Conditions.

- I understand that these Terms & Conditions apply to The Hospice of St Francis' Walk You Ridgeway Event, to be held on Sunday 30th June 2024, starting in Prince Risborough and finishing at Ivinghoe Beacon (Marathon Route) or Wendover to Ivinghoe Beacon (Half Marathon Route)
- I understand that my entry fee purely covers the cost of the event including administration, t-shirt and medal, and is **non-refundable** and **non-transferable**.
- I confirm that I am physically fit and able and have no known condition that would affect my ability to safely complete the course or would cause a risk of danger to myself or other participants. I understand that it is my responsibility to monitor my condition before and during the event and will stop immediately if my continued participation could create a risk of danger to myself or others.
- I understand that if I have any concerns or doubts about my health or I have a medical condition that may be affected by taking part in the event that I should obtain my doctor's approval before participating.
- I understand that The Hospice of St Francis will process my personal data for the purpose of my event application and participation, and that they will never sell or swap my details with anyone. I understand that confidential information (including medical details that I disclose) will be retained by The Hospice for safety reasons, and that this information will not be shared with anyone other than the medical provider at the event. Any medical information that is provided is deleted from the Hospice of St Francis' records post-event. For more information on what The Hospice does with data, please see the data protection policy at www.stfrancis.org.uk.
- I understand I must be 18 and over to take part without an adult. Families are welcome, please note it is a long day of physical activity, children (up to age of 17) must be accompanied by a participating adult. One participating adult may take responsibility for up to three under 17 year olds.
- I understand that my entry fee purely covers the cost of the event including administration and merchandise. If I decide to cancel my place for personal reasons, including injury, my registration fee will not be refunded and I am not permitted to pass on my place to another person.
- I commit to raising a minimum of £46 in sponsorship for The Hospice of St Francis to help local people live their precious lives well and will endeavour to raise as much as I can.
- I understand that I can participate in Walk Your Ridgeway as part of a team; however I must raise the minimum sponsorship amount stated individually.
- I understand that I may be committing a criminal offence if I do not give all of the sponsorship money that I raise to The Hospice of St Francis. I will make sure my sponsorship is received by The Hospice of St Francis, before Tuesday 30th July 2023. I understand that if I am sending sponsorship money in the post this must be in cheque form and I must include my name and address on the back of the cheque. I will not send cash in the post.
- I understand that registration closes at 23:59pm on Thursday 27th June 2023 and that entries are processed on a first come first basis and are subject to availability.
- I understand that I must wear The Hospice of St Francis participant ID (walker number) that I am provided. My walker number must be clearly visible on the front of my t-shirt or backpack for the duration of the event.
- I understand and confirm that I will wear suitable walking footwear and clothes and understand that due to the nature and terrain of this event my clothing may get damaged.
- I understand that due to the nature of the event, minor injuries are possible and may include but are not limited to; scrapes, soreness, bruises, grazes, cuts, sprains, strains, and muscle tension. I understand that serious injuries are less common, but do sometimes occur.
- I understand that I must take extra care on the course due to the nature of the course terrain, which may include, but is not limited to; concrete roads, bridle paths, loose stones, rubble and pebbles, long grass, short grass, stinging nettles, tree stumps, roots, ditches, stagnant water, pot holes, uneven ground, rock falls, wildlife attacks, poisonous plants, insect bites.
- I understand that though the event is along a National Trail which is well maintained and signposted, a basic degree of map reading and being aware of my surroundings at all times is required. I agree that I will follow all instruction, including National Trail markers, on the day to avoid the likelihood of getting lost. I understand that a .gpx of the route is available and free mobile apps such as ViewRanger and What3Words will help me in the case getting lost or in an emergency.
- I agree that should I wish to stop my participation in the event at any time I will do so at the next available aid station/checkpoint and will hand my walker number back to a marshal who will confirm that I am no longer

participating. If I am unable to get to an aid station/checkpoint then I will call the Event Organiser immediately to confirm my withdrawal.

- I am responsible for organising my own travel to and from the event.
- In the event of injury or emergency, I consent to medical care and transportation in order to obtain treatment. I understand that medical care may not be available onsite immediately.
- I agree that if I have a medical incident at the event, the medical providers may provide my details to the Hospice.
- I understand and acknowledge that I am participating in this event at my own risk and that The Hospice of St Francis, the sponsors or supporters of the event cannot be held liable for any injury, accident, loss, damage or public liability caused or sustained before, during, or after the event, as a result of my participation, unless caused by the negligence of The Hospice of St Francis. In addition they cannot be held liable for any changes made to the event for safety reasons, or as otherwise planned through circumstances beyond their control.
- I understand that the Hospice of St Francis will not be held liable for any damage to personal property or material loss to myself or a third party.
- I understand that in order to cover myself I am advised to take out personal insurance cover for any damage to personal property or material loss to myself or a third party.
- I understand that I am responsible for my own safety and my own actions (including the safety of my possessions) whilst undertaking this challenge.
- I understand that the event is not a race; it is a non-competitive, non-timed event. I understand that I can choose whether I walk, jog or run.
- I understand that if I arrive late and miss the start time, I might not be permitted to participate, and this decision will be at the discretion of the Event Organisers.
- I understand that my start time corresponds with the distance I am walking. This will be allocated by The Hospice of St Francis and I will do my utmost to be there on time so as not to delay participants due to start after me. If I would like to change my walking distance I must contact the Fundraising Events Team before online registration closes on 27/06/2023.
- I understand and I confirm that under no circumstances is alcohol or any other substance to be brought into and/or consumed prior to, or during, the event.
- I understand The Hospice of St Francis Event Organisers reserve the right to refuse entry at their discretion.
- I understand that The Hospice of St Francis reserves the right to cancel, change timings, reschedule and alter the required logistics of the event at any time due to safety reasons or otherwise. This is at the discretion of the Event Organisers and participants would be notified via a variety of platforms (including email) should this happen. I understand that it is my responsibility to ascertain whether there have been changes to the event.
- I understand that The Hospice of St Francis is not liable for any event of force majeure including, without limitation, act of God, war, insurrection, riot, explosion, civil disturbances, acts of terrorism, fire, explosion, flood, theft of essential equipment, pandemics or similar matters.
- I understand that in the event of cancellation, for whatever reason, there will be no refund of any sponsorship I have raised.
- I understand that I must abide by the rules, instructions and regulations I receive prior to the event and any instructions displayed or given to me on the day of the event by officials, including Hospice volunteer marshals.
- I agree to be respectful of the nearby residents during the walk and will not make excessive noise and will not litter.
- I understand and give my permission for my image to be captured (camera and film) by The Hospice of St Francis and outside sources. I understand that these images may be used indefinitely to promote the work of The Hospice of St Francis and its fundraising activities and that it is my responsibility to inform the Events Team when I register should I wish such images of myself not to be used. I understand that no personal details (including names) of any under 18-year-old participants will be used in any publicity materials without the written consent of their parent/ legal guardian, but that The Hospice of St Francis has permission to use images & footage.